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Pradip takes a shot of his mate, who's playing a game of arramboard in the **JYOTI Street Project**.

Cover: A joyful shot at the Namaste Children's home by **Gyanshyam**, who's also an enthusiastic member of the **Children Journalism Group** we helped set up.

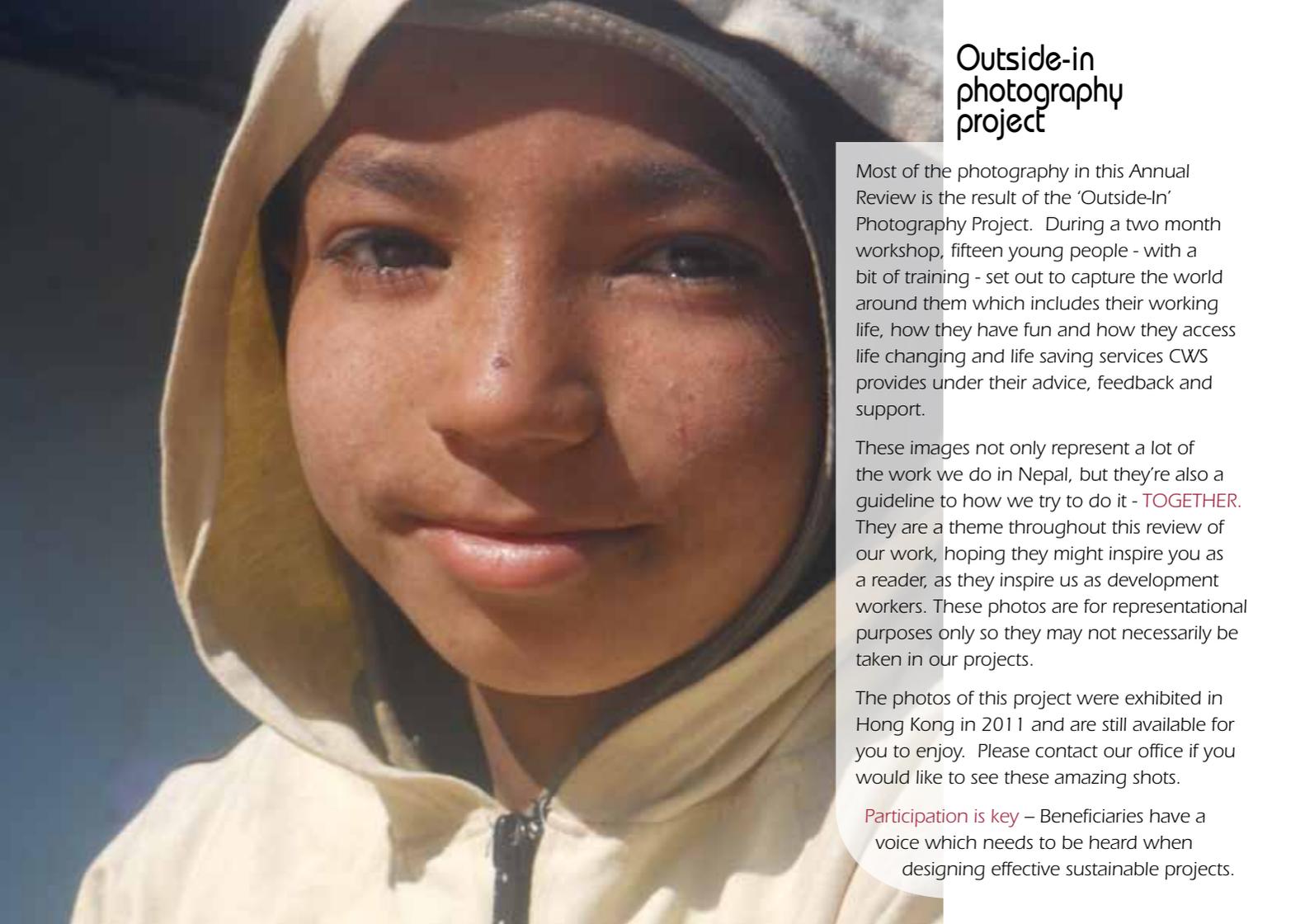
Outside-in photography project

Most of the photography in this Annual Review is the result of the 'Outside-In' Photography Project. During a two month workshop, fifteen young people - with a bit of training - set out to capture the world around them which includes their working life, how they have fun and how they access life changing and life saving services CWS provides under their advice, feedback and support.

These images not only represent a lot of the work we do in Nepal, but they're also a guideline to how we try to do it - **TOGETHER**. They are a theme throughout this review of our work, hoping they might inspire you as a reader, as they inspire us as development workers. These photos are for representational purposes only so they may not necessarily be taken in our projects.

The photos of this project were exhibited in Hong Kong in 2011 and are still available for you to enjoy. Please contact our office if you would like to see these amazing shots.

Participation is key – Beneficiaries have a voice which needs to be heard when designing effective sustainable projects.



foreword

Dear friends,

We are very happy to present this special Annual Review covering 2010-11, of which the photography is from the kids themselves!

As a result of the global financial situation 2010 & 2011 were extremely challenging years for CWS, in HK and in Nepal. It forced us to make some budgetary cuts which made operations very difficult; however we are extremely proud of our team on the ground who managed to continue to provide services to the communities we work in. In every crisis there are opportunities and somehow CWS has come out positively; it forced us to think how we could become more efficient, review our position & strategy, and rebound to become better and stronger.

Nepal remains a forgotten country in many ways and the situation children and their Mum's find themselves in, is only getting worse, as the population grows and the social fabric and traditional safety-nets decrease.

Last year, we worked with 6 local implementing partners delivering 9 powerful projects providing badly needed primary health care, education, and protection services to well over 32,000 disadvantaged and marginalized children, young people, and mothers, in 4 districts.

We believe that with our new structure, and your most valuable and generous continued support, CWS will improve on the high quality services it already provides, and expand these to many more thousands who we haven't been able to reach yet. Once again, let's put smiles back on thousands of faces, and let them have a life to remember!

Thank you all so much for supporting us in so many different ways. We couldn't do it without you!

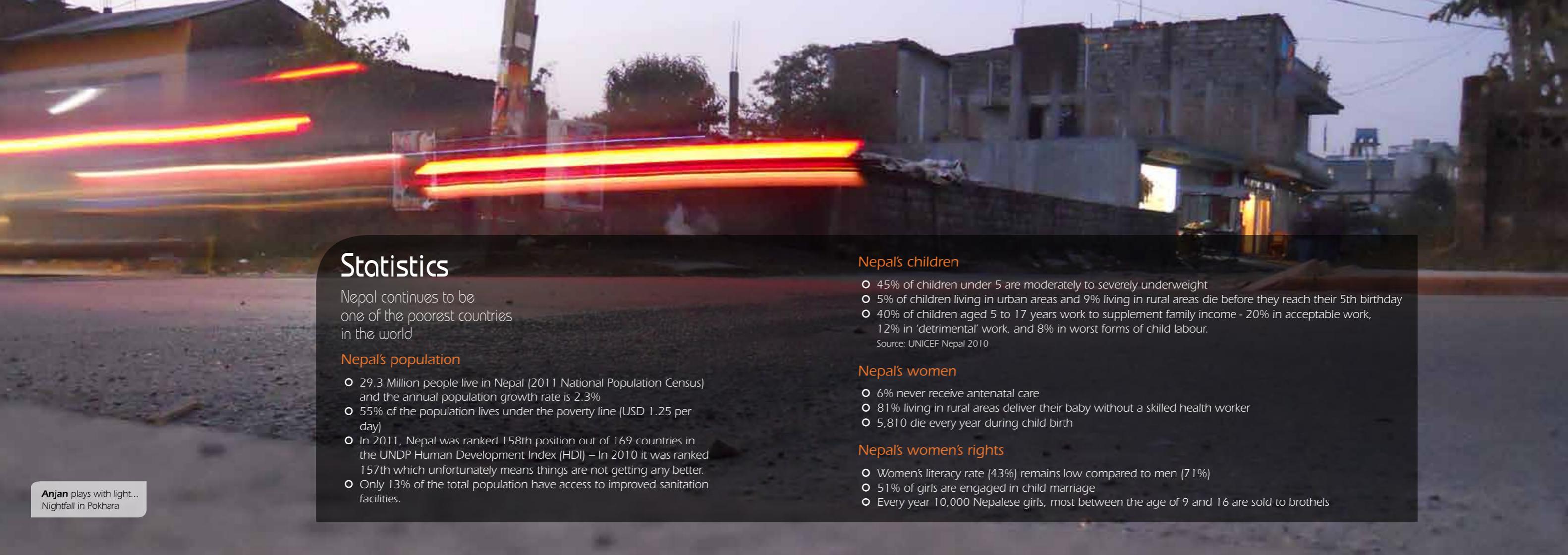
Many thanks!

Douglas and Gordon

Our Mission - To provide education, health care and social opportunities to disadvantaged children and their families.

- In 1995 Douglas Maclagan travelled to Nepal at the age of 28. When he entered a remote village he was handed a sick baby girl by her distraught mother. The girl got weaker by the second and it was clear she would die. That moment changed Douglas' life forever and CWS began. The first project was Day Care Health Centres, created to prevent other children dying unnecessarily.
- Seeing many children at the centres suffer from smoke inhalation, eye infections and burns, CWS and the community went about tackling the open stoves problem. The Improved Cooking Stove was designed in 1997 using local materials; smoke is funneled outside the house.
- Sangita was underweight and Kumar was seriously injured, having fallen into an open cooking fire when he was a baby. They both made CWS realize the need for a referral centre in the city. Asha Clinic was established in 2000 as a referral hub for our village cases.
- Children living and working on the streets started coming to Asha Clinic in need of free health care. Rather than treating them endlessly of wounds from gang fights or problems associate with sniffing glue and living and working on the streets we explored ways of getting them out of their situation. JYOTI Vocational Training Centre was born in 2002.
- A few years later the team realized there were some street kids that were not suited to being confined in long term vocational training courses. JYOTI Street Project was established to provide access to services suitable for these kids and is now an integrated service provider for children living and working on the streets.

Sabina went to her home in one of Nepal's many slums to take this beautiful photograph of her sister.



Statistics

Nepal continues to be one of the poorest countries in the world

Nepal's population

- 29.3 Million people live in Nepal (2011 National Population Census) and the annual population growth rate is 2.3%
- 55% of the population lives under the poverty line (USD 1.25 per day)
- In 2011, Nepal was ranked 158th position out of 169 countries in the UNDP Human Development Index (HDI) – In 2010 it was ranked 157th which unfortunately means things are not getting any better.
- Only 13% of the total population have access to improved sanitation facilities.

Nepal's children

- 45% of children under 5 are moderately to severely underweight
- 5% of children living in urban areas and 9% living in rural areas die before they reach their 5th birthday
- 40% of children aged 5 to 17 years work to supplement family income - 20% in acceptable work, 12% in 'detrimental' work, and 8% in worst forms of child labour.

Source: UNICEF Nepal 2010

Nepal's women

- 6% never receive antenatal care
- 81% living in rural areas deliver their baby without a skilled health worker
- 5,810 die every year during child birth

Nepal's women's rights

- Women's literacy rate (43%) remains low compared to men (71%)
- 51% of girls are engaged in child marriage
- Every year 10,000 Nepalese girls, most between the age of 9 and 16 are sold to brothels



On the streets, kids must stand together.
By **Prabin**

The children in Nepal need protection, love, a voice and access to services which empower them to make positive changes for themselves, their communities and their country.
Thanks to the support from friends in HK, Singapore and the rest of the world and thanks to the beneficiaries who work with us CWS delivers a variety of effective projects to enable these changes.



By **Prabin**

The plumbing workshop at VTC. **Pushpa's** fellow students.



JYOTI Vocational Training Centre

The JYOTI VTC was established in 2002 as a way of providing children from disadvantaged backgrounds a route back into mainstream society. These children come from extremely difficult backgrounds (extreme poverty, drug abuse, trafficked, rescued from bonded labour etc) which makes reintegration extremely hard. These youngsters receive training in either plumbing, electrician, secretarial or care giving. Access to psychosocial counseling gives them the self respect and confidence to hold a job down upon graduation.

In 2010 127 youth benefited from this project and in 2011 this increased to 134. Each year over 90% graduate and 80% find employment.

JYOTI Street Project

Children living and/or working on the street access services in this centre when they are ready and always on their own initiative. Services include a Children's Development Bank for saving money and accessing loans, a night shelter for security and warmth, non formal education and access to formal education and vocational training, a kitchen club with nutritional meals, access to a child forum locally and nationally, counseling, health care and HIV/AIDS awareness programmes.

768 kids used these services in 2010 and 736 in 2011.



Non formal education.
Learning to read and write
at the JYOTI Street project.
By **Prabin**



Girls are often trapped in the worse forms of bonded labour. **Nima's** photo addresses issues of identity and anonymity.



Depicting the past, trapped, invisible and hopeless. **No name**

Shakti Samuha

This is a vital service within Nepal providing emergency shelter for girls who have been at risk of, or are victims of abuse and exploitation. Once referred they have access to emergency shelter, counseling, health care, sexual and reproductive health, education, legal support, family reintegration, vocational training, employment opportunities and more.

42 girls were referred to the project in 2010 and 41 girls in 2011. They are now safe, having been through unimaginable exploitation, pain and loneliness. The road to recovery is long but we are hopeful they will come out as strong and confident individuals.



Living on the street,
you lose,
only too often.

Child Welfare Scheme works closely
with and for children that live and
work on the street.

Through our services they get a
chance to make positive changes in
their lives.

Photograph by Santosh.



www.cwshk.org

Star Children

This is a wonderful alternative for providing care to HIV/AIDS affected children. HIV/AIDS is potentially a huge problem in Nepal due to its open border with India, its high level of adult male seasonal labour migration combined with high-risk sexual behaviours and lack of awareness surrounding sexual health issues. In Nepal there are very few services available to children who have HIV/AIDS or who have been orphaned due to the illness. Star Children is a family unit for 10 such children. They range from 1 to 13 years old and together with 2 house mothers live as a happy family unit with access to education, health care, security and above all love and respect.



The safety and warmth
of a home and family.
By **Arjun**



Young children in a safe environment to be kids, at the Namaste Children's Home by Gyanshyam

Day Care Health Centres

The primary aim of the centres is to reduce infant and child mortality and to improve the quality of life of extremely poor children living in rural Nepal through healthcare and day nursery provision. These children are given good quality nursery education, which will give them a head start when they go to school, and also a midday meal to improve their nutrition and health.

This was CWS' first project – the story of CWS began here and continues to be one of its most inspiring projects. There are now 14 centres; staffed by people from the village, trained for their roles by CWS, and eventually handed over completely to be managed by the village management committee.

669 children attended the centres in 2010 and 663 in 2011. Over 740 others within the community took part in awareness programmes.

We also joined hands with 2 local NGOs called Child Nepal and Seto Gurans to provide early years education to children in 5 other Districts, benefitting 1,424 children. Support was phased out in the middle of 2011 as planned but CWS continues to network with them.



A boy arrives in a DCHC with a high fever.

School for Deaf Children

CWS formed a 3 year partnership with the School for Deaf children in Bhairawaa.

Our team in Nepal identified the strength of this school and together designed two vocational training courses to benefit these children because often they graduate from school and find it very difficult to find a job or join the Government vocational training institutes. The partnership was for 3 years (2009 – 2011) to set up a computer course, a painting course and job opportunities for these children. CWS has decided to continue to support the school for one more year. 2012 is the phase out year where we will also be able to track the employment rate of children who graduate and join the work force.

In 2010, 52 deaf children attended computer training courses and in 2011 67 deaf children received computer training.



Learning to express yourself thanks to this very special school.



Delivering health care straight to the target group
By **Santosh**

Asha Health Care Services

Asha service is the second largest provider of paediatric services in the entire Western Region. The emphasis is on forming relationships and practical collaboration with the government to deliver the most cost efficient, relevant and high quality primary health care and health education.

Asha Objectives are: - Increased access to primary health care for target communities and marginalised groups - Reduced vulnerability to common childhood illness and diseases - Reduced risks for women and newborn babies associated with pregnancy and childbirth - Reduced risk of sexual ill-health and vulnerability amongst young people, street based and working children.

Services are delivered through 6 sub programmes in order to meet these objectives. This includes **1 purpose built paediatric primary health care centre** which acts as the hub for all the other services, **14 village health posts**, **3 mobile clinics** reaching out to city slums, **5 drop in centres** for street kids and a number of **health camps** and **maternal health care workshops** carried out throughout the year.

In 2010 these services were used 79,527 times and in 2011 this increased by 15% to 91,457 visits. Each child/mother might visit 3 times throughout the year – actual beneficiaries were 22,968 in 2010 and 32,302 in 2011.



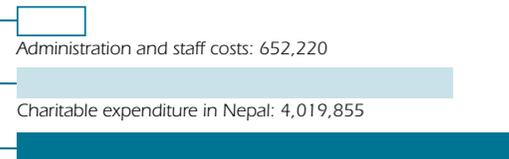
HK finances

INCOME in 2009-2010: 3,620,408

INCOME in 2010-2011: 4,914,744

Our income is wonderfully varied because we have dedicated supporters from all walks of life who work hard to raise funds for our projects in Nepal through their friends, schools, organising events, connecting us with foundations & corporations. Please contact us if you are interested to see the breakdown or if you are keen to find creative ways to support our work. We'd love to hear from you!

EXPENDITURE in 2009-2010



Total: 4,672,075

EXPENDITURE in 2010-2011



Total: 4,830,211

- A CWS Board member generously provides CWS with a donation to cover some HK costs; roughly 50% of the above administration costs are covered by this. A donor may choose to provide a donation restricted for Nepal only and 100% of their donation will be sent to Nepal.
- Expenditure during fundraising events is not shown here because it has already been deducted from income.
- Project SHARE was a wonderful initiative set up by one of the CWS Board Members at the time. Please contact us for more information.

At the wishing-well
with friends...
by **Goma**

We can do so much in Nepal thanks to our friends in Hong Kong, Singapore and all over the world.

Please support us!

A donation of HK\$180 provides health care services to 10 children. In other words, less than the price of a coffee could save a life.

It's that simple.

Please call us on 2526 8810 or email info@cwshk.org to help.

Thank you for giving us the resources to change so many lives.

For kids...

Sports for kids!

Ultra for kids! A group of adventurous CWS supporters spent 7 days covering a distance of 250km at altitudes of up to 11,000 feet! They all came back smiling, knowing they raised over HK\$500,000! Thank you Becky Yang, Bruno Merlin, Douglas Maclagan, Gandhi Suppiah, Jeroen Touw, Max D'Auriol, Michael Chandler & Michael Ormiston!

Trekking for kids! Two of our supporters, Tommy and Annie from Singapore, took on the challenge of climbing to Island Peak to raise money for CWS. They raised US\$23,522!

Cycling for kids! Gary from Singapore was convinced by his brother-in-law that he should cycle with them from John O Groats to Lands End, a distance of close to 1000 miles. Thank you Gary for choosing CWS to benefit from your suffering!

Football for kids! Morgan Stanley and Clifford Chance have been supporting CWS through their annual Tokyo Charity Cup since 2007. Thank you!

Partying for Kids!

From Old Streets to New Life: Thank you to Duncan Jepson and Charmaine Li for putting on a beautiful display of video images at the Jockey Club on 25th January 2011. Thank you to all the guests who came to support CWS

KEE Club: This was a beautiful and intimate evening hosted by Mr. & Mrs. Yan d'Auriol and Mr. and Mrs. Christian Rhomberg in March 2011. Thank you for all you do for CWS!

Singapore friends of CWS: We were blown away by the generosity Singapore extended towards CWS in 2011. Greg Clinton and friends worked tirelessly to put on a wonderful evening in aid of CWS. Thank you to Anita Kapoor for MC'ing, Paul Foster for auctioneering, Suzanna Adahar and all her team, as well as the party committee and everyone who gave so generously.

Lamma Fun Day: We held the 11th Lamma Fun Day in November 2010. As always, we all had a great time watching the live music, shopping at the funky stalls, watching the kids play and chilling on the beach. Thank you Lamma for being so wonderful to CWS!

Funkraiser: Thank you to Solas Bar who hosted Funkraiser in 2010. 100 friends partied the night away in aid of CWS.

Business & Creativity for kids!

John Hardy: Our friends at John Hardy extended their support once again to CWS by designing and creating a beautiful rabbit charm made out of recycled silver. All sales proceeds go directly to our work in Nepal. Thank you all at John Hardy for your endless passion, creativity and support.

Friendship bracelets: Thanks to Sandra d'Auriol for designing these wonderful and fun bracelets which are a real hit in schools all around HK. We sold over 4,000 similar bracelets last year and this chic new design should sell out soon too!

Change for kids: Thank you to MIX who continue to place our donation boxes in their shops. We encourage all our friends to go eat and drink there, get healthy and support CWS!

Kids for Kids: Thank you to students at Sha Tin College, Chinese International School, Canadian International School, French International School and Sacred Heart Canossian College for all your hard work raising funds and awareness for CWS and Nepal.

Grants for kids!

A huge thank you to all who provided CWS with a grant in 2010 & 2011. You enable us to do so much!

- Arisaig Partners Foundation
- The Asia Trust
- The Rotary Club of Kowloon Golden Mile
- The Maitri Trust
- CLSA Chairman's Trust
- World Family Fund
- Sozialfonds Rotary Club Bonn

This image: by **Sanju**
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Special thanks go out to the following organisations whose beneficiaries were part of this project: Jyoti Vocational Training Centre, Jyoti Street Project, Shakti Samuha, Star Children, Namaste Children's Home, PCCI, Home for Himalayan Kids and Saathi Nepal



This annual review was written
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